



ElderActive Recreation Association

4061 – 4th Avenue, Whitehorse, YT Y1A 1H1
867-456-8252 Email: elderactive@sportyukon.com
www.yukon-seniors-and-elders.org



NEWSLETTER – December 2014



ANNUAL WINTER

COMPETITION →

JAN 30, 31 2015

AT CGC

CASH PRIZES

MEMBERSHIP RENEWAL TIME

2014 ERA memberships expire on
December 31, 2014

You must renew your membership
before you purchase your next
Canada Games Centre Pass or
register for any programs.

IMPORTANT DATES TO REMEMBER

- 17 Dec** – Last Wednesday games
- 14 Jan** – Wednesday Activities Return
- 23 Dec** – Christmas Bingo
- 24 Dec** – Office closes at noon
- 31 Dec** – 2014 Membership Expires
- 2 Jan** – Office Reopens
- 7 Jan** – Yoga Begins
- 30 Jan** – Winter Tournament Starts

7th Annual Winter Tournament

Carpet Bowling – Teams of 4 or 5 *(one spare)*

Cost \$20.00 per person – Cash Prizes
(includes Saturday Dinner)

- 1st Place Team – \$400.00
- 2nd Place Team – \$200.00
- 3rd Place Team – \$100.00

Floor Shuffleboard – Teams of 2 or 3 *(one spare)*

Cost \$20.00 per person – Cash Prizes

- 1st Place Team – \$200.00
- 2nd Place Team – \$100.00
- 3rd Place Team – \$50.00

Dinner at the Golden Age Society on
Saturday Night is **Free** for **Paid Players**.
(\$10.00 for Guests that are not playing)

Accommodation and travel allowance will
be provided for out of town teams, as per
ERA Travel Policy.

Registrations and Entry fees must be
received by ERA by January 23, however
we recommend you enter as soon as
possible to guarantee your entry

For more information contact the ERA
office at 456-8252;
elderactive@sportyukon.com or Brian
Werlin at 633-6468;
bwerlin@klondiker.com

*The Board of Directors Wish you all a Safe and Happy
Holiday Season*

YOGA WITH LISA VOWK

There is still room in the Beginners Session starting in January 2015
Classes will be at 9:00 am
Wednesdays Jan 7, 14, 21, 28
Feb 4, 11, 18, 25 and Mar 4 and 11
at the Golden Age Society
**This program is sponsored by
RPAY & ERA**
Cost is \$10.00 for ERA Members
Register and pay at ERA office

HOLIDAY OFFICE HOURS

The ERA office will be closing
December 24th at Noon and re-
opening on January 2nd at 9:00
ERA's Regular Office Hours are
Tuesday to Friday 9:00 am to 1:00
pm
**ERA only accepts Cash and/or
Cheques**

The Souvenir DVD's from the Canada 55+ Games are ready for purchase at the ERA Office. They are \$10.00 each – well worth the price – Thank You to all that submitted photos and to Sue and Kayla for an awesome job!

THE SKI BASE
Cross Country Skiing Specialists
Stride and Glide Ski School

**Nordic Snowshoeing for Seniors
And the ElderActive Recreation Association**

Discover the convenience and beauty of the trails at the Whitehorse Nordic Centre (Mt Mac). Nordic snowshoeing is a great way to get some fresh air and exercise in the winter. Seniors will enjoy four, 1 ½ hour sessions including instruction, trail fees, snowshoes, poles and healthy snack.

Elderactive Association members may register at a reduced fee of \$55.00.

Register at Sport Yukon.

ElderActive Recreation Association members' fee: \$55.00
January 23, 30, February 6, 13, 1:30 pm to 3:00 pm at Mt McIntyre Recreation Centre
Register by January 21.
Instructors: Mike Gladish and/or Nick Stratis

For information call The Ski Base at 668-4477.

Register at Sport Yukon.

ElderActive Recreation Association members fee: \$55.00
Minimum enrollment – 5
Fees: (Without RPAY/Elderactive membership or subsidy)
\$75 – includes trail pass, instruction, snowshoes, poles, and snack
\$20 – discount for ski club members
\$10 – discount for those who have their own snowshoes
Minimum enrollment 5 - Maximum 20